Classification of Remedies

The important feelings and themes expressed by the patient in course of case taking are guideposts to finding the remedy.
Questions - interesting! Intriguing!

- What is it makes us who we are?
- What is it that makes us FEEL/PERCEIVE/EXPERIENCE & ACT in unique manner?
- Where in lies this uniqueness?
- What is that which generates stress in all of us?
Stress comes not from the outside but from the way we perceive and react to reality, which is unique to each one of us. In fact, it is the way each one perceives and reacts to reality that makes him unique, gives him his individuality. Thus, our stress is inseparable from our individuality.

Stress does not arise from external circumstances but from the individual perception of these circumstances. The truth is that the external reality is not the cause of most of the stress and conflict that occurs in our lives. Actually, in the midst of life’s extremes, the most difficult of external realities, there is an absence of internal conflict. We know what the facts are and we also know exactly how to respond at such times.
What is the source of Conflict?

- It arises when the external reality differs significantly from the individual’s perception of that reality.

- When such a disparity between inner and outer reality occurs there is a threat to unity and harmony, and the person experiences duality and conflict instead. He experiences two inner voices: one voice saying what actually is; the other perceiving quite differently, and thus talking with a different voice.
So we gradually move to the concept that our underlying stress is not about what is (the external situation) but more about what appears to be (our individual way of seeing and experiencing that situation). When our individual perception differs markedly from the actual situation we are in effect suffering from a delusion. When a person acts from a delusion and does not recognize the actual reality – that is, the situation evokes something in his mind or excites memories of the past, reminding him of several things that have happened to him before – he reacts inappropriately or disproportionately. Moreover, the present situation confirms and reaffirms his delusion, etching the totality more deeply in his memory for the future. However, another part of him is unable to deny the reality of what actually is. This duality causes deep, internal conflict and results in stress. His inappropriate perception and reaction, and not the situation itself, is the basis of the stress.
If we are able to live in the moment we perceive the situation as it is, there is no conflict, and the situation can be tackled and dealt with almost automatically, like swatting the mosquito. The situation remains an “experience” and does not become a “problem”.

A situation becomes a problem only when it is shackled to the past and confirms a false perception of reality, thus fixing it even more firmly in the mind. It then becomes a delusion that rules an individual life.

Each one of us has our own delusion that influences our life, the way to work, and our interpersonal relationships. Emotional states, fear, hatred, and even joy are based very much on this delusion. It also gets represented in our dreams, nightmares, and fantasies.

Attempts are made by many to find the origin of these delusions. Some attribute them to childhood incidents and traumas; others trace them back to past lives.
Delusion – intellect or emotional?

- It is not just the why?
- It is the “what?” it is the experience not the situation?
- Delusion is not intellectual. It is not related to emotions.
- In fact, emotions are the expression of delusion and not the source.
- Delusion is deeper than being a mere human experience, it is far deeper than mind. It is in the Psyche or vital force.
Delusion is Disease

- Disease is thus an affliction of the whole person, a posture adopted by the survival mechanism to suit a particular situation that is perceived than real.

- Disease causes a discord in the human being that can be compared to the discordant music of a guitar that is out of tune.
Disease is mistuning of vital force

- The inner disturbance needs to be corrected and restored to bring health and balance to the whole being.
Young woman disappointed in love as her BF left her for another woman!

- She compares herself to other woman thinks “in what way is she better than I?” - she feels jealous, would want revenge, feel victimized.

- Experience it as loss of relationship, her support and dependency is lost. Lost the security, someone to lean on, wonders about how she will support herself?

- She can experience a shock, the unexpectedness & surprises and stuns her into numbness to react at all!
Kingdoms

- Animal way - to see the situation as competition/survival of fittest.

- Mineral way - is to feel the need for or fear of losing once structure

- Plant way is to be extremely reactive and sensitive to external stimuli.
Plant remedies

- He is sensitive and is influenced by many things and continuously adapting to them.
- Emotionally very expressive and is affected very easily with external stimuli.
- This hurts me.
- I am affected by it.
- I cannot bear it.
- Feelings are very important to him. Very concerned about his hurt or fear he will hurt others. Constant mood changes.
- Prefer to be doctors, nurses, artist etc........
Fundamental issue in minerals is FORMATION, MAINTENANCE & LOSS OF STRUCTURE.

The issue is of stability, solidity, security and strength to maintain and develop their capability or performance.

How to maintain stability of their structure, be it family, health, work, wealth, talents, power, or position.

Well organized, fastidiously dressed, speech is planned. Work is methodical.

Concise and to the point.

He talks of my home, my family, my work, my health. Thinks and fear about that security.

Anxious to perform well or failure at work or thought of losing wealth, position constant worry to him.
Animal remedy – SURVIVAL

- Survival of the fittest – Competition or Comparison which leads to jealousy and revenge.
- Survival which is reproduction and sexuality
- Survival – victim and aggressor so CONFLICT with others or oneself
- Movement or motion – very dynamic kingdom – speed/suddenness/violence
- There is a sense of dance/rhythm – so like music/dances
- Feel trapped or caged or forced – so want freedom
- Lack of morality – survival at all costs – cunning/devious/malice/violent
- No right or wrong – not disturbed by morality
- Communication- attractive-sexuality
Air breathing vertebrates with tough skin and scales.

REPTILE: Latin word ‘repere’ to creep/grovel/despise

Ectothermic - cold blooded

To grasp reptilian nature is to understand reptiles’ constant dichotomous conflict between staying warm and staying safe.

Sudden burst of activity

Deceptive - remain hidden and go unnoticed and ambush prey

aggressive
Human expressions of Reptiles

- DECEPTIVE
- DUALITY - “TWO FACED” - HIDING AN DECEIT
- REMAIN HIDDEN. TO BE EXPOSED IS BEING VULNERABLE
- SLIMY OR ESCAPING BEHAVIOUR
- VIOLENCE
- VERY LITTLE PARENTAL CARE (INDIFFERENCE TO LOVED ONES)
- JEALOUSY
- ABILITY TO STARVE FOR LONG PERIODS
- SENSITIVE TO EXTREME HEAT OR COLD
SNAKES

SNAKE from English word “SNAKA”-to crawl/creep

Formidable/alarming/terrifying and frightening creatures

Limbless creature – but can move at great speeds on all surfaces (one species even in air)

“law of balance and creation” by Geoff st. Hilliare states that in evolutionary process the disappearance of one organ and function leads to development of other organ or function

So in snakes limblessness lead to appearance of poison glands - snake venom is world deadliest venom.

Extraordinarily colorful and vivid colors of the skin
They are sit and wait predators

- Pupils with immovable eyelids
- Ability to survive without food and water for long time
- Hide
- Camouflage – hide in full site
- Overwhelming urge to flight/retreat
- Bite when cornered with no escape
- Intimidation – enlarge bodies/flaring a hood/loud hissing/baring fangs/spitting venom.
Snake venom

- Hemotoxin - attacks circulatory system and muscle tissue - gangrene/necrosis (viperidae family - rattle snakes etc....)
- Neurotoxin - attacks CNS - leads to heart failure/respiratory failure (cobras)
- Cytotoxin - localized destruction of the site of bite. (adder snake)
- Myotoxic - muscular necrosis (lancehead snake)
- Snakes are deaf but good sense to smell and taste
## Snakes and Spider comparison

<table>
<thead>
<tr>
<th>Spiders</th>
<th>Snakes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Trick/impulsive/sudden</td>
<td>Conspiracy/planning/plotting/act of revenge and suspicious</td>
</tr>
<tr>
<td>Constant activity, restlessness</td>
<td>Short burst of intense activity</td>
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<tr>
<td>Short term goals, money today and flee</td>
<td>Long term goal with planning and strategy - politicians</td>
</tr>
<tr>
<td>Trick and trap</td>
<td>Hide, camouflage and kill</td>
</tr>
<tr>
<td>Trap in the web</td>
<td>Poison and constriction</td>
</tr>
<tr>
<td>Shameless</td>
<td>Seductive/sexuality more hidden and subtle</td>
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</tbody>
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Bush masters are longest/largest venomous pit vipers, growing to 3m/10feet.

- Live in undisturbed forests. Quite remote and isolated.
- When tail is vibrated against the vegetation it makes very threatening sound. No rattling so the name muta.
- Despite potent venom and size – deaths are very rare as they avoid confrontation with humans.

**Class**: Reptilia

**Order**: Squamata

**Suborder**: Serpentes

**Family**: Viperidae

**Genus**: Lachesis

**Species**: Lachesis muta

Bush master/surucucu

South American origin
Lachesis muta

- Lachesis is a sit and wait predator.
- They attack suddenly with lightning speed and hidden position without warning, unlike the cobra.
- They attack aggressively and fiercely with slightest provocation, delivering multiple bites and latching on, unlike other Viperidae.
- They prey in the night.
- They remain in coiled position, ready to strike and ambush at night, hiding in their holes or stalking their prey.
Lachesis - snake

limbless
Duality and deceit
cold blooded
violence
neck is very vulnerable
tongue darts in and out

LACHESIS - REMEDY

VULNERABLE/DEFENSELESS
JEALOUSY AND COMPETITION
VULNERABLE TO ATTACK
SUSPICIOUSNESS
FEAR OF BEING INJURED AND DEATH
SENSITIVE TO EXTREME COLD AND HEAT
ANGER - VIOLENT
OVERSENSITIVE TO TOUCH
CANNOT BEAR TIGHT AROUND WAIST/NECK
CHOKING/CONSTRICTING
TONGUE DARTS IN AND OUT (KENT)
LOQUACIOUS